

# Motives to engage in integrated energy systems

Linda Steg and Steph Johnson Zawadzki
University of Groningen, Department of Psychology

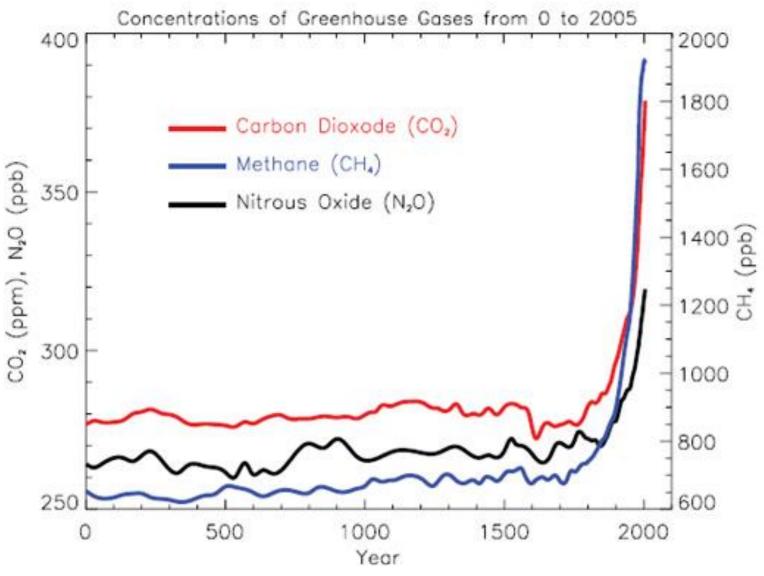


Figure 1. Atmospheric concentrations of important long-lived greenhouse gases over the last 2,000 years. Increases since about 1750 are attributed to human activities in the industrial era. Concentration units are parts per million (ppm) or parts per billion (ppb), indicating the number of molecules of the greenhouse gas per million or billion air molecules, respectively, in an atmospheric sample.

IPCC AR4 FAQ





# Energy studies need social science

A broader pool of expertise is needed to understand how human behaviour affects energy demand and the uptake of technologies, says **Benjamin K. Sovacool**.

o secure a safe, reliable and lowcarbon energy future, we must alter both technologies and human behaviour<sup>1</sup>. The US Department of Energy notes<sup>2</sup> that supply and demand is "affected as much by individual choice, preference, and behavior, as by technical performance".

Yet many researchers and policy-makers continue to focus on only one side of the energy dilemma. In the United States, for every dollar in research funds spent on behavioural and demand-side energy research, \$35 is spent on energy supply and infrastructure<sup>3</sup>. Social sciences, humanities, and the arts are marginalized in energy research, and major statistical agencies do not usually collect qualitative data about energy consumption. Similar problems are apparent in Europe<sup>4</sup>.

My analysis of the peer-reviewed energyresearch literature shows how biases handicap the field<sup>5</sup>. Engineers and economists are ignoring people and miscasting decisionmaking and action. Academic researchers frequently obsess over technical fixes rather than ways to alter lifestyles and social norms<sup>6</sup>. Interdisciplinary research remains stymied by institutional barriers in academia and government<sup>7</sup>. National and local energy bodies have conventionally had few social scientists on staff <sup>8</sup>. And most leading journals in the field focus on one discipline.

Now the energy field needs to learn from health, agriculture and business, and bring together social and physical scientists. Universities should develop courses focused on solving energy problems, granting agencies should prioritize and direct more money to behavioural work, and energy journals should broaden their scope. Already, there are promising examples of how inclusive and interdisciplinary energy research can encourage energy efficiency, and so address global environmental challenges such as climate change?

I examined the authorship and scope of 4,444 full-length articles over 15 years (1999 to 2013) in three leading energy technology mental sociology, psychology and politicalscience journals that few energy researchers read.

#### SOCIAL OUTCASTS

Social-science authorship and citations are also relatively low (see 'Publishing trends'). Science, engineering, economics and statistics account for more than half (67%) of institutional affiliations as reported by authors; non-economic social science for less than 20%. Sociology, geography, history, psychology, communication studies and philosophy each constituted less than 0.3% of author affiliations.

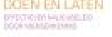
References to social-science and humanities journals, with their insights into how consumers and politicians behave, were less than 4.3% of 90,097 citations across the sample. Little research took place in the 'real world'. Most studies are the result of work undertaken at the bench or desk using computer models and experiments, rather than field research, interviews and surveys.

Another trend is that the scientists and engineers writing in these journals rarely collaborate beyond their fields. About half of published authors in the sample wrote alone and one-quarter published with colleagues within their discipline. Less than 23% of articles involved interdisciplinary collaborations between authors.

Furthermore, the vast majority of authors hale from affluent Western institutions and countries where research money is abundant. They focus on problems facing the industrialized world. Of the 9,549 authors who listed their country of residence, 87% European commission proposes new rules for consumer centred clean energy transition

Consumers are active and central players on future energy markets















## Psychology and ESI

- > Behaviour changes needed:
  - renewable energy sources
  - energy efficient technology
  - monitoring/control technology
  - storage facilities
  - user behaviour
    - use less or adapt demand to supply
- > Acceptability of new energy systems and policies









Steg & De Groot (2012); Steg, Perlaviciute, Van der Werff & Lurvink (2014)

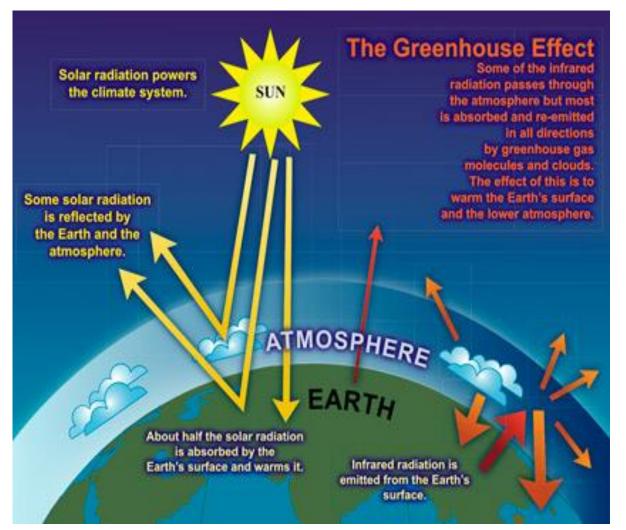


## Approaches to encourage sustainable actions

- > Information: if people would know, they would change their behaviour
- > Extrinsic motivation: make sustainable behaviour more attractive
- > Intrinsic motivation

# Worst Environment al Issues Facing Our Planet











#### Donald J. Trump 📀 @realDonaldTrump

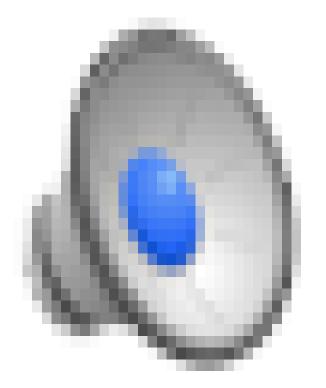


In the East, it could be the COLDEST New Year's Eve on record. Perhaps we could use a little bit of that good old Global Warming that our Country, but not other countries, was going to pay TRILLIONS OF DOLLARS to protect against. Bundle up!

1:01 AM - Dec 29, 2017

137,515 1 66,670 208,732







## Values and persuasion





# Values and persuasion





#### Environment

#### Do You Care About the **Environment?**

Take a coupon for a FREE professional tire check!



- Like balloons, your tires lose pressure over time.
- Improper tire pressure increases fuel consumption which harms our environment.
- Properly inflating tires cuts back vehicle emissions.

Participating stations:



Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street Christiansburg, VA 24073

#### Money

#### Do You Care About your **Finances?**

Take a coupon for a FREE professional tire check!



- Like balloons, your tires lose pressure over time.
- Improper tire pressure increases fuel consumption, which is expensive.
- Properly inflating cuts back fuel costs.

#### Participating stations:



Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street Christiansburg, VA 24073

#### Control

#### Take a coupon for a FREE professional tire check!



- Like balloons, your tires lose pressure over time.
- The average U.S. driver travels 12.000 miles yearly.
- Not everyone checks their tires regularly.

#### Participating stations:

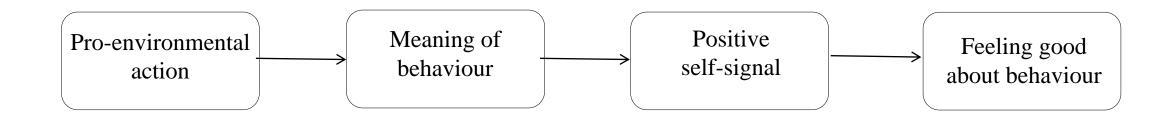


Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street

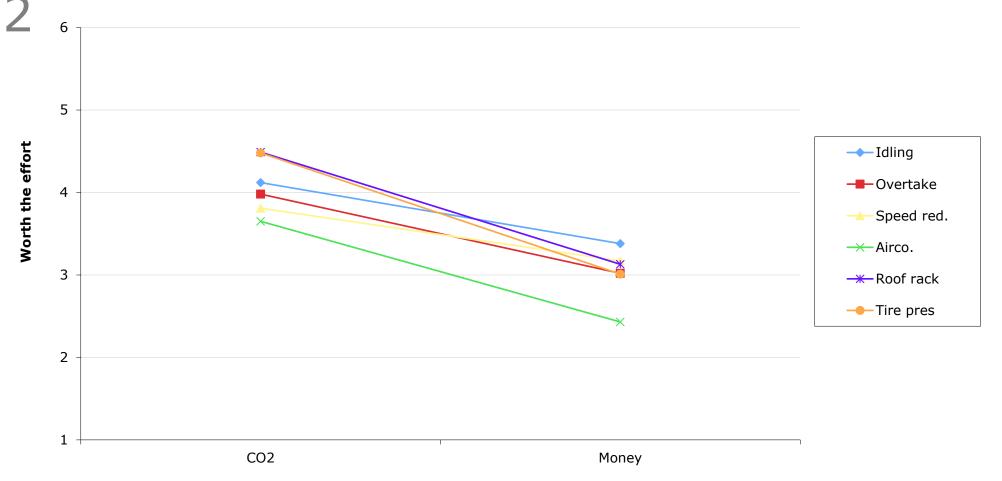
#### Eudaimonia

- > Acting sustainably feels good because it is meaningful
- > Positive self signal
- > Encourages sustainable energy behaviour



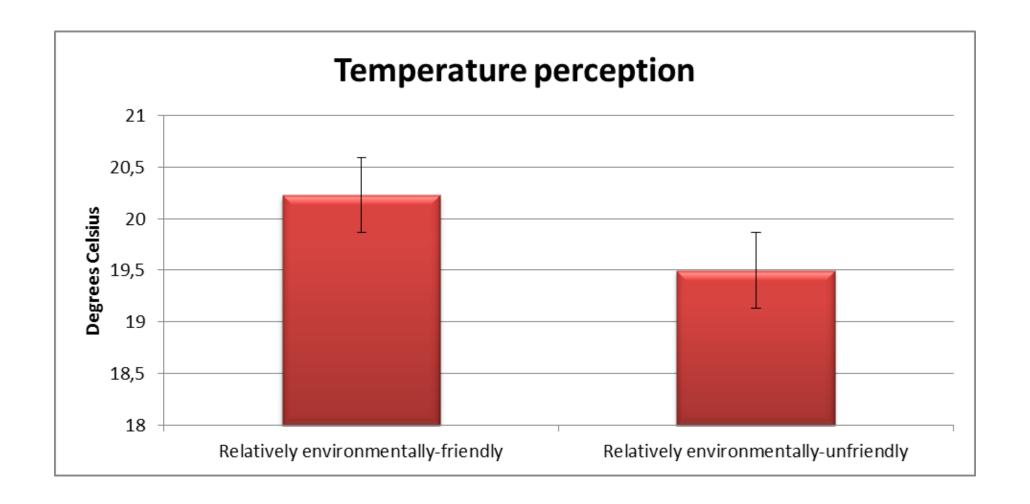


# Worthiness savings € or CO-

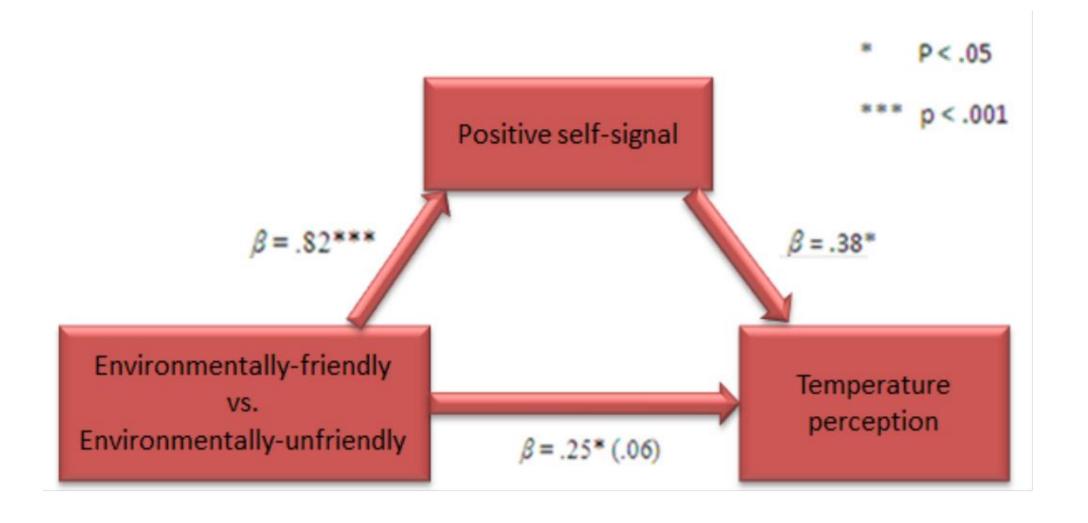




# Warm glow

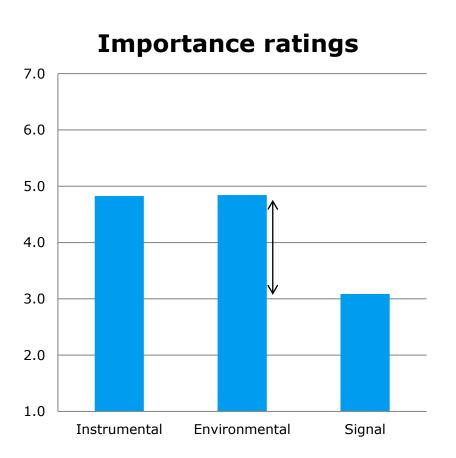


## Positive self-signal



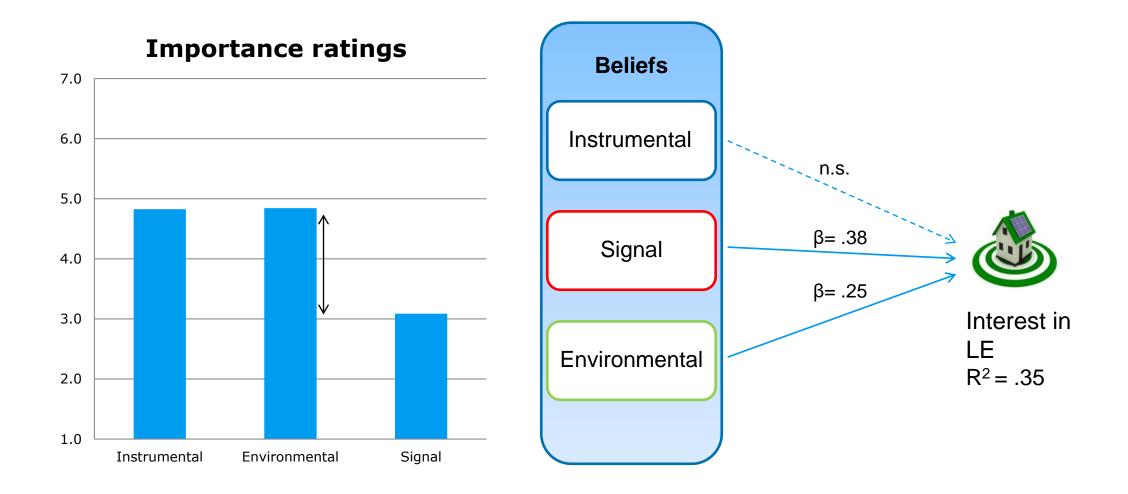


## Symbolic value





#### Symbolic value

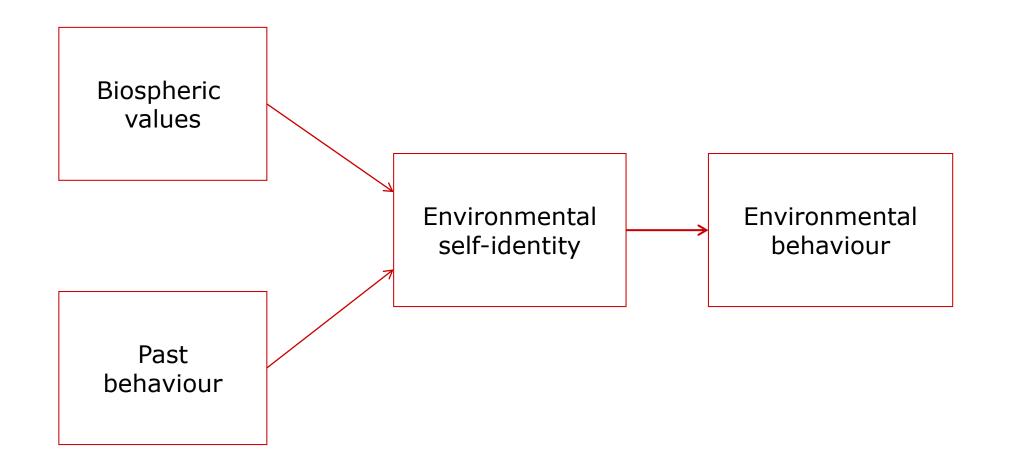


Noppers, Keizer, Bolderdijk & Steg (2014)



#### Environmental self-identity







#### Corporate Environmental Sustainability

#### More sustainable energy behaviour:

- > when employees strongly endorse biospheric values
- > when they believe their organisation is committed to CER
- > CER particularly encourages sustainable energy behaviour when employees do not strongly

endorse biospheric values



#### Conclusions

- > Motivations play a key role in energy behaviours and effects energy policy
- Intrinsic motivation is a solid base for consistent sustainable energy behaviour



# Thank you! e.m.steg@rug.nl





































