

**A personal note.**

I became a Christ-follower as a young man, and I have endeavored to learn his ways more intimately with each passing day. The following are verses that I keep in front of my mind in my day-to-day life in the workplace.

James 1:19-20: My brothers, take note of this: everyone should be quick to listen, slow to speak and slow to become angry, for man's anger does not bring about the righteous life that God desires.

Ecclesiastes 7:9: Do not be quickly provoked in your spirit, for anger resides in the lap of fools.

James 3:7: But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace raise a harvest of righteousness.